



THE WELLBEING Range

A cost-effective way to improve the efficiency and wellbeing of your employees

EMPLOYEE Wellbeing

Employee engagement and wellbeing is just one key factor to the success of a business and can therefore make a significant impact.

Enhancing the environment in which your employees are spending a significant amount of time creates a more positive attitude and will add to a sense of wellbeing...who doesn't want to work in a nice environment?

And the science backs it up. Office plants can do far more than just look great.

Studies show that businesses with plants in their work areas:



Lose fewer days to staff absenteeism



Have enhanced staff morale



Benefit from an increase in productivity

This will have a direct impact on the financial performance of any business.

THE SCIENCE BIT

The latest study

Research published in 2014 by The Journal of Experimental Psychology involving academics from the University of Exeter; the University of Groningen in The Netherlands, and the University of Queensland in Australia, studied offices over several months during which times plants were removed and added.

In experiments at two large commercial offices in the UK and The Netherlands, it was found that plants significantly increase:



Lead researcher Marlon Nieuwenhuis, from Cardiff University's School of Psychology said

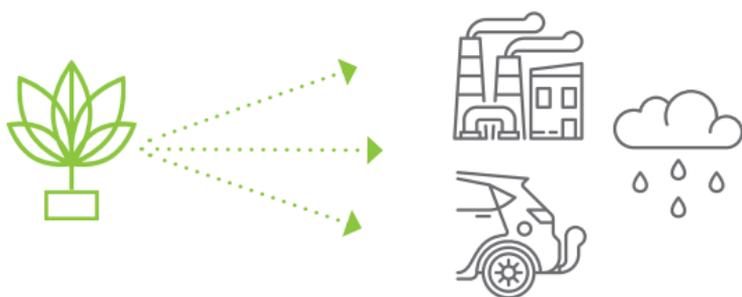
“Our research suggests that investing in landscaping the office with plants will pay off through an increase in office workers' quality of life and productivity”.

Previous studies also have shown that the presence of plants can lower physiological stress, increase attention span and improve well-being.

The NASA study

In 1973 NASA conducted a study led by Bill Wolverton which looked at ways to purify the air for extended stays in orbiting space stations.

The research found 19 types of plant that were the most powerful at reducing the pollutants in the air.



With the increased efficiency in office buildings designed to reduce energy loss from heating and air conditioning, offices have more in common with space stations than we might think!

So-called Sick Building Syndrome is a well-known phenomenon describing the impact on employees working in environments where a range of factors such as poor ventilation, low humidity, chemical pollutants from cleaning materials and furniture and ozone produced from photocopiers and printers are prevalent.

The answer, according to a NASA report later published by Bill Wolverton in 1989 is:

"If man is to move into closed environments, on Earth or in space, he must take along nature's life support system".

The answer is simple – plants!

Contact us for further information on:
Telephone: 0845 345 7494
Email: info@flora-tec.co.uk

An attractive and cost-effective solution

We've identified a range of interior plants that as well as looking fantastic are also the most efficient at absorbing pollutants in the air.

It's a really easy process:

- 1** We'll come to your office, conduct a site survey and design a scheme appropriate to your office environment.



- 2** Confirm final design approval.



- 3** Install your plants and then continue to look after them for you.





flora-tec

People, Passion, Professionalism

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Flora-tec Corporate Horticulture
Unit 1, Unwins Farms,
Cottenham Road,
Histon, Cambs.
CB24 9ES

www.flora-tec.co.uk